

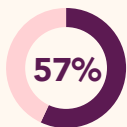
obesity is a **women's health issue**

leading health experts recognize that **obesity is a chronic, treatable disease that impacts women's health**

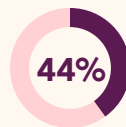


Obesity affects **1 in 3 American women.**¹

Obesity is more likely to affect women of color, impacting:



57% of **Black women**²



44% of **Hispanic women**²

obesity has a significant impact on women's health across every stage of life

Obesity is associated with **over 200 other health conditions**,³ including:

- Diabetes⁴
- Cardiovascular disease⁵
- Breast, ovarian and endometrial cancers⁶
- Anxiety, depression and other mental health issues⁷
- Polycystic ovary syndrome (PCOS)⁸
- Fertility and maternal health challenges⁸
- More severe menopause symptoms⁹



Nearly **25% of women** in the US who become pregnant have obesity.¹⁰



70% of perimenopausal women have overweight or obesity.¹¹

women with obesity are also more likely to face harmful social stigma and discrimination



At work, women affected by obesity **earn less money** than their colleagues.¹²



Women with obesity are **less likely to get promoted** at work.¹³

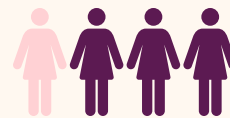


69% of women with obesity face bias from healthcare providers.¹⁴

comprehensive obesity care is an important part of women's health

Comprehensive obesity care includes:

- ✓ Counseling or intensive behavioral therapy
- ✓ Behavior modification and physical activity
- ✓ Anti-obesity medications
- ✓ Weight loss surgeries
- ✓ Nutrition or dietician services



Nearly **3 in 4 women** using lifestyle modifications are not able to lose weight and keep it off.¹⁵

a misunderstanding of obesity has kept care out of reach for many women

A lack of recognition that obesity is a chronic, treatable disease with serious consequences for women's health has created health insurance barriers that limit women's ability to receive the full range of evidence-based obesity care options, particularly medications.



Less than half of employers currently cover or are considering covering the latest generation of anti-obesity medications.¹⁶



Medicare currently **does not cover** anti-obesity medications.¹⁷



Only 16 state Medicaid programs cover anti-obesity or weight-loss medications: CA, CT, DE, HI, KS, LA, MI, MN, MS, NH, PA, RI, SC, TX, VA and WI.¹⁸

everybody deserves coverage for obesity care—it's only fair

Obesity is a chronic disease and comprehensive care should be covered to help people lose excess weight and reduce the potential risk of other chronic diseases. **Let's work together to improve access to obesity care for all.**



Support for the campaign has been provided by Eli Lilly & Co.

1 <https://www.kff.org/other/state-indicator/adult-obesity-bysex/>

2 <https://www.niddk.nih.gov/health-information/health-statistics/overweight-obesity>

3 <https://www.ama-assn.org/topics/obesity>

4 <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3066828/>

5 https://nru.uncst.go.ug/bitstream/handle/123456789/8906/Metabolically_healthy_overweightobesity_are_associated_with_increased_risk_of_cardiovascular_disease_in_adults,_even_in_the_absence_of_metabolic_risk_factors_A_systematic_review_and_meta-analysis_of_prospective_cohort.pdf?sequence=1

6 <https://www.cancer.gov/about-cancer/causes-prevention/risk/obesity/obesity-fact-sheet>

7 <https://www.nature.com/articles/s41398-023-02447-w>

8 <https://www.nhlbi.nih.gov/health/overweight-and-obesity/women>

9 <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2768523/>

10 <https://pubmed.ncbi.nlm.nih.gov/30881701/>

11 <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8373626/>

12 <https://www.economist.com/finance-and-economics/2023/11/23/the-obesity-pay-gap-is-worse-than-previously-thought>

13 <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6452122/>

14 <https://www.obesityaction.org/wp-content/uploads/Weight-Bias-in-Healthcare1.pdf>

15 <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1555605/>

16 <https://www.ifebp.org/pdf/weight-loss-pulse-survey.pdf>

17 <https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=38&ncdver=3&chapter=all&sortBy=title&bc=18>

18 <https://files.kff.org/attachment/REPORT-50-State-Medicaid-Budget-Survey-for%20State-Fiscal-Years-2023-and-2024.pdf>

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